

Mother's name:

Breastfeeding Care Pathway: Postnatal

Baby's DOB:

Time of birth:  
BW:

Date:

P/N Day:

Assessment Tool 1

Date weighed:

recent wt:

% below BW:

✓

✗

Percentage weight loss	Appropriate for age (see chart)		Not appropriate for age (see chart)	
colour and frequency of urine	Appropriate for age (see chart)		Not appropriate for age (see chart)	
colour and frequency of stools	Appropriate for age (see chart)		Not appropriate for age (see chart)	
How many feeds there were in the last 24 hours?	6 - 8 feeds in 24 hours		fed fewer than 6 in 24 hours more than 12 in 24 hours	
How does the baby behave at the breast?	Calm and relaxed, except possibly at the very end of the feed		Baby is 'fussy' at the breast - on and off the breast frequently during the feed, or refuses to breastfeed	
Is there a change in the baby's sucking rhythm as the feed gets underway?	i.e. from initial rapid sucks to slower sucks with pauses and soft swallowing		No change in sucking pattern Noisy gulping feeds	
How long does the feed last?	Between 5- 30 minutes per breast		Consistently feeding for longer than 30-40 minutes per breast	
Does the baby come off by himself?	Lets go spontaneously, or does so when breast gently lifted.		Does not release the breast spontaneously	
Does the mother offer the second breast?	Offered by mother. If awake, baby takes second breast or not, according to appetite		Mother restricting the baby to one breast per feed, or insisting on two breasts per feed.	
Is the baby content after a feed?	Content after most feeds		Unsettled after feeding	
How do her breasts and nipples feel?	Comfortable		Sore or damaged Engorgement or mastitis	
What is the shape of her nipple when the feed ends?	The same shape as when the feed began, or slightly elongated		Misshapen or pinched at the end of feeds	
Is she using a dummy / nipple shields / formula?	No		Yes. Ask why? Difficulty with attachment Baby not growing Baby unsettled?	

If any crosses; move to **management plan 1**. List action taken here: - (e.g. home visit scheduled)