

<u>Age of the baby</u>	<u>Volume per day</u>		<u>Volume per feed</u>
	Range	Average <sup>1-6</sup>	on average <sup>3</sup>
Day 1 (0 - 24 hours)	7 - 123mls	37mls*	7mls
Day 2 (24 - 48 hours)	44 - 335mls	84mls	14mls
Day 3 (48 - 72 hours)	98 - 775mls	408mls	38mls
Day 4 (72 - 96 hours)	378 - 876mls	625mls	58mls
Day 5 (96 - 120 hours)	452 - 876mls	700mls	68mls
3 months	609 - 942mls	750mls	
6 months		800mls	

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3. Houston MJ, howie P, McNeilly AS. Factors affecting the duration of Breastfeeding: 1. Measurement of breastmilk intake in the first week of life. Early Human Development (1983); 8: 49-54
4. Butte N, Garza C, O'Brian Smith E, Nichols BL. Human milk intake and growth in exclusively breastfed infants. Journal of Pediatrics (1984); 104: 187-195
5. Roderuck C, Williams HH, Macy IG. Journal of Nutrition (1946); 32; 267-283
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\*During the first 24 hours of life newborns ingested 15+/-11 g of milk  
 Colostrum ingested during the first day of life by exclusively breastfed healthy newborn infants. [Santoro W Jr](#), [Martinez FE](#), [Ricco RG](#), [Jorge SM.J Pediatr.](#) 2010 Jan;156(1):29-32.