

Cleaning breast pump kits (instructions for use at home)

Your kits only need to be thoroughly washed, rinsed and dried after use, and stored in a clean, dry, container with a lid.

Before each use

- Remove the lid of the container.
- Wash your hands thoroughly with soap and water before handling/assembling the pump kit.

After each use

- Remove the tubing (and cap) from the kit; these do not need to be washed.
- Dismantle the pump kit completely.
- Carefully and thoroughly wash all parts of the kit in hot soapy water (or in a dishwasher).
- Rinse thoroughly with running water and place each part on the upturned lid of the container prior to drying.
- Dry the kit and the lid of the container on a paper towel or kitchen paper – not on a tea towel or cloth.
- Place the kit in the clean, dry container and cover with the lid.

Once a day

- Wash the container in hot soapy water, rinse and dry on a paper towel.